

Michael's Credentials

EDUCATION

- 2018 **Master of Social Work (MSW)**
Factor-Inwentash Faculty of Social Work (FIFSW), University of Toronto
 - Health and Mental Health Specialization
- 2015 **Honours Bachelor of Arts, Health & Society**
Faculty of Liberal Arts and Professional Studies, York University

LICENSURE and ASSOCIATION

Ontario College of Social Workers and Social Service Workers (OCSWSSW)
Registration No. 831090

Ontario Association of Social Workers (OASW)
Member No. 15664

CERTIFICATES and TRAININGS

- 2023 **Introduction to Internal Family Systems (IFS)**
St. Michael's Family Health Team; Dr. Risa Adams and Dr. Elizabeth Parsons
- 2022 **Neurobiology of Trauma**
The National Institute for the Clinical Application of Behavioral Medicine, www.nicabm.com
- 2022 **IPT (Interpersonal Psychotherapy), Level 1 Certificate**
Dr. Scott Stuart, IPT Institute
- 2021 **ACT (Acceptance and Commitment Therapy) for Beginners & Trauma Focused ACT**
Dr. Russ Harris, Psychwire
- 2020 **LGBT2SQ Foundations Course**
Rainbow Health Ontario
- 2020 **AFFIRM CBT for LGBTQ+ Youth Certificate**
Dr. Shelly Craig, Factor-Inwentash Faculty of Social Work, University of Toronto
- 2020 **Indigenous Cultural Safety Training Certificate**
Provincial Health Service Authority
- 2019 **Mental Health First Aid for Adults who Interact with Youth Certificate**
Mental Health Commissions Canada
- 2019 **Trauma-Informed Care – Building a Culture of Strength**
Crisis & Trauma Resource Institute

- 2019 **GAIN (Global Assessment of Individual Needs), Q3 MI Certification**
Across Boundaries, Centre for Addiction and Mental Health (CAMH), Chestnut Health Systems
- 2018 **Cognitive Behavioral Theories**
FIFSW, University of Toronto
- 2017 **ASIST – Applied Suicide Intervention Skills Training**
LivingWorks, Toronto
- 2016 **Motivational Interviewing**
Gay Men’s Sexual Health Alliance (GMSHA)
- 2014 **Community Services Certificate**
George Brown College

RESEARCH and COMMUNITY PRESENTATION

- Present- **Interprofessional Practice Based Research, St. Michael’s Hospital, Toronto**
Project Title: *“Pathways to Mental Health among transgender and gender non-conforming clients in a Family Health Team during COVID19 pandemic.”*
- 2023 **Guest Speaker, Anti-Asian Racism and Social Work Practice**
Foundations of Social Work, Toronto Metropolitan University
- 2021 **Co-Investigator, Awareness and Acceptance of U=U Amongst East and Southeast Asian Men who have Sex with Men**
Asian Community AIDS Services, ACAS
- 2021 **Panelist, Barriers to Mental Health among Marginalized Populations**
St. Michael’s Hospital Research Students Association
- 2021 **Presenter, Practicing Equity-focused Social Work among HIV and LGBTQI2S Clients**
Health and Mental Health Equity Rounds, FIFSW, University of Toronto
- 2021 **Panelist, Suicide Prevention Among LGBTQI2S Youth**
Stakeholders Meeting, EGALE Canada
- 2020 **Facilitator, Diversity, Equity and Inclusion Dialogue, MSW Student Orientation**
Factor-Inwentash Faculty of Social Work, University of Toronto
- 2020 **Presenter, “Wellness of Healthcare Professionals during COVID19.”**
Department of Family and Community Medicine, University of Toronto
- 2020 **Panelist, HIV Linkage to Care, Opening Doors Conference**
Toronto HIV Network (THN)
- 2018 **Panelist, Mental Health among Newcomers**
Totally outRIGHT (program for young gay, bi and other MSM), AIDS Committee of Toronto