

Joelle's Credentials

EDUCATION

- 2016-2018 **Master of Social Work (MSW)**
Factor-Inwentash Faculty of Social Work (FIFSW), University of Toronto
- Mental Health Specialization
- 2010-2016 **Honours Bachelor of Arts, University of Toronto**
- Graduated with distinction and departmental honours in Bioethics (specialization)

LICENSURE and ASSOCIATION

Ontario College of Social Workers and Social Service Workers (OCSWSSW)
Registration No. 831761

Ontario Association of Social Workers (OASW)
Member No. 21599

CERTIFICATES and TRAININGS

- 2022 **EMDR Virtual 5-Day Intensive**
EMDR Consulting, Founded by Roy Kiessling, <https://emdrconsulting.com/>
- 2022 **Mental Health First Aid Standard (Virtual) (9-hour)**
Micheal Pietrus, Mental Health Commission of Canada
- 2022 **Culturally Adapted Cognitive Behavioural Therapy (CA-CBT) Training**
Dr. Natasha Williams, Women's Health in Women's Hands Community Health Centre
- 2022 **Seeking Safety: An Evidence-Based Model for Trauma and/or Substance Abuse**
Treatment Innovations, <https://www.treatment-innovations.org/seeking-safety.html>
- 2021 **Understanding the Neuroscience of Trauma and Resilience to Best Support Indigenous Clients**
Dr. Jennifer Mervyn, SickKids Centre for Community Mental Health
- 2021 **Cognitive Processing Therapy for Posttraumatic Stress Disorder**
Dr. Candice Monson & Dr. Rachel Liebman, Cognitive Processing Therapy
- 2020 **Among Friends: Beyond Positive Intentions: Providing Equitable Services for LGBTQ+ Newcomers**
Serena Nudel (MSW, RSW), Khadijah Kanji (MSW, RSW), Ontario College of Social Workers and Social Service Workers [Educational Forum/Professional Development]
- 2020 **Motivational Interviewing**
Dr. Peter Selby, Training Enhancement in Applied Counselling and Health (TEACH) Project, Centre for Addiction and Mental Health (CAMH)
- 2020 **Acceptance and Commitment Therapy (ACT) for Beginners**
Dr. Russ Harris, Psychwire

- 2020 **Dialectical Behavioural Therapy (DBT) Skills**
Dr. Marsha Linehan, Psychwire (self-guided training)
- 2020 **Five Day Narrative Training Certificate: Actively Engage and Leave Empowered to Implement Change**
Bonnie Miller, SickKids Centre for Community Mental Health
- 2018 **Cognitive Behavioural Theories**
Factor-Inwentash Faculty of Social Work, University of Toronto
- 2017 **ASIST – Applied Suicide Intervention Skills Training**
LivingWorks, Toronto
- 2017 **Culturally Adapted Cognitive Behavioral Therapy (CA-CBT) Workshop**
Dr. Natasha Williams, Women’s Health in Women’s Hands Community Health Centre

SELECTED SPEAKING ENGAGEMENTS AND COMMUNITY PROJECTS

- 2023 **Training Facilitator, Equity, Diversity, and Inclusion Seminar**
Factor-Inwentash Faculty of Social Work, University of Toronto
- 2023 **Co-Presenter, Exploring the Intersection of Social Work and Primary Healthcare: Experiences of Social Workers in the Canadian Context**
The Hong Kong Council of Social Service
- 2023 **Panelist, Advancing Racial Health Equity in Clinical Practice: Disrupting Racism and Creating Spaces to Heal**
Centre of Addictions and Mental Health (CAMH), Toronto, Ontario
- 2023 **Presenter, Empowerment for Caregiving Families Impacted by Mental Illness: Recommendations from Caregivers and People Diagnosed with a Mental Illness**
2023 The Society for Social Work and Research (SSWR), Phoenix, Arizona
- 2022 **Co-Presenter, Honouring Pregnancy Loss in Racialized Women: The Experience of Disenfranchised Grief**
Alliance for Healthier Communities, Toronto, Ontario
- 2021 **Presenter, Confronting the Truth: Black Women’s Narratives of Empowerment and ‘Essential’ Exploitation During COVID-19**
Alliance for Healthier Communities, Toronto, Ontario
- 2020 **Guest Lecturer, Social Work Practice: Anti-Black Racism and COVID-19**
Lyle S. Hallman Faculty of Social Work, Wilfrid Laurier University
- 2020 **Guest Lecturer, A Black Social Worker’s Personal Narrative: COVID-19 and Mental Health**
Factor-Inwentash Faculty of Social Work, University of Toronto
- 2020 **Presenter, Witnessing Strengths: Collaborating with Uninsured Clients with Dignity**
Factor-Inwentash Faculty of Social Work, University of Toronto

SELECTED RESEARCH AND PUBLICATIONS

- Williams, C.C., Gibson, M. F., Mooney, E., **Forbes, J.R.**, Curling, D., green, datejie cheko, & Ross, L. E. (2023). **A Structural Analysis of Gender-Based Violence and Depression in the Lives of Sexual Minority Women and Trans People.** *Affilia*, 38(3), 350–366. <https://doi.org/10.1177/08861099231155887>
- Forbes, J.R.**, Curling, D., & Donaldson, S. (2021). **Black Women’s Resilience: Therapy and Support for Refugee Women.** In Mullings, D. V., Clarke, J., Bernard, W. T., Este, D., & Giwa, S. (Eds.), *Africentric Social Work* (pp. 257-283). Fernwood Publishing. <https://fernwoodpublishing.ca/book/africentric-social-work>
- Adamson, K., Maxwell, J., **Forbes, J.** (2020). **Interprofessional guide to documentation in the electronic health record: Leveraging interprofessional care.** *Journal of Interprofessional Education & Practice*. 21, 100387–. <https://doi.org/10.1016/j.xjep.2020.100387>
- Williams, C.C., **Forbes, J.R.**, Placide, K., & Nicol, N. (2020). **Religion, hate, love, and advocacy for LGBT human rights in Saint Lucia.** *Sexuality Research & Social Policy*, 17(4), 729–740. <https://doi.org/10.1007/s13178-020-00429-x>
- Curling, D., Barnes C., & **Forbes, J.** (2018). **Religion, spirituality, and counselling psychology.** In M. O. Adekson (Ed.), *Handbook of Counseling and Counselor Education* (1st ed., pp. 153–167). Routledge. <https://doi.org/10.4324/9781351164207-12>