



2SLGBTQ+ RESOURCES

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2SLGBTQ+ ADDICTION SUPPORT

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2SLGBTQ+ HOUSING SUPPORT

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EMERGENCY HOUSING

There are currently no LGBTQ+ specific emergency shelters in Toronto. However, the list below (developed from this [resource](#)), provides information about safer options based on community feedback gathered from The 519. Trans and/or Nonbinary individuals shared that they felt safer at these locations. Once again these are emergency supports are not LGBTQ+ specific.

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RESOURCE LIST

THE 519

The 519 is committed to the health and happiness of 2SLGBTQ+ communities. They provide 2SLGBTQ+ communities with counselling services, queer parenting resources, coming out groups, trans programming, and senior's support.

THE 519 - TRANS ID CLINIC

The Trans ID clinic, after a brief intake, provides virtual and/or in-person legal assistance to 2 Spirit, Trans, and non-binary folks in Ontario with ID applications, name change, gender marker change, and other related needs.

THE 519 - LEGAL CLINIC

The 519's Access to Justice and Legal Initiatives programs support underserved 2SLGBTQ+ communities to reduce barriers to accessing relevant legal services and educational resources.

THE 519 - PACEWOOD

The 519 acts as the solo referrer to this space, completes new intakes and develops and delivers programming for residents. Homes First owns, maintains, and staffs PACEWOOD.

PACEWOOD residents must meet the following criteria:

- LGBTQ+
- 18+ years of age
- Newcomer
 - Arrived in Canada through a refugee pathway
 - In the process of making a refugee claim
 - Undocumented





RESOURCE LIST

THE 519 WILLS & ESTATES LEGAL CLINIC FOR 2SLGBTQ+ COMMUNITIES

After a brief intake, The 519 provides virtual and/or in-person one-time free consultations to support the diverse needs of 2SLGBTQ+ communities and residents within our catchment area (Bloor -> Gerrard & Bay -> Parliament).

ACHEV NEWCOMER SERVICES

Offers a wide range of immigrant services to help newcomers settle smoothly in Canada, through education and training, immigration, employment, health, housing, legal, financial, social and recreational.

ACROSS BOUNDARIES

Across Boundaries has a holistic approach to mental health care that includes many of the same services offered by other mental health agencies, but is also anchored in an anti-racist, anti-Black racism and anti-oppression framework.

ACT

ACT works to reduce new HIV infections in Toronto and promotes the independence, dignity, health and well-being of people living with HIV and AIDS and those at increased risk of HIV. Through HIV and sexual health education, prevention and outreach, ACT is working towards a city with zero new HIV infections, zero HIV-related stigma and discrimination, and zero AIDS-related deaths.





RESOURCE LIST

ACT- EMPLOYMENT ACTION

Employment ACTion works with men, women, youth and newcomers to Canada who are living with HIV to find career solutions that best meet their individual needs.

ALCOHOLICS ANONYMOUS

Alcoholics Anonymous is a fellowship of people who come together to solve their drinking problem. It doesn't cost anything to attend A.A. meetings. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem. A.A.'s primary purpose is to help alcoholics to achieve sobriety.

ASIAN COMMUNITY AIDS SERVICES

ACAS provides safer sex education and services to East and Southeast Asian communities and support services to persons living with HIV/AIDS and members of the 2SLGBTQ community. They also offer youth programming to 2SLGBTQ+ East and Southeast Asian Youth.

BLOOM - LOFT

BLOOM has both programming and housing options. If you are currently residing in a shelter you can be referred to this trans housing support. Services are available for Trans* people living with mental health and substance use issues and/or who are experiencing homelessness. Reach out to M.BOESE@LOFTCS.ORG for more information.





RESOURCE LIST

CENTRE FOR ADDICTION AND MENTAL HEALTH

CAMH provides a wide range of clinical care services for patients of all ages and families, with Access CAMH as your centralized point of contact. They specialize in working with addiction and mental health and have a 24/7 emergency room for mental health crises.

CENTRE FOR ADDICTION AND MENTAL HEALTH-RAINBOW SERVICES

Group therapy is provided to lesbian, gay, bisexual, transgender, queer and two-spirit people who are concerned about their drug and alcohol use.

CENTRAL TORONTO YOUTH SERVICES

Central Toronto Youth Services (CTYS) is a community-based, accredited Children's Mental Health Centre that serves many of Toronto's most vulnerable youth.

CENTRE FOR ADHD AWARENESS

Key programs and initiatives include CADDAC's Executive Functioning program, group coaching programs, resource navigator program, educational events, awareness initiatives and advocacy initiatives.





RESOURCE LIST

CHILDREN'S HOSPITAL OF EASTERN ONTARIO- GENDER DIVERSITY CLINIC

CHEO's Gender Diversity clinic supports children, youth and families at all stages of their journey with gender identity.

COMMUNITY LEGAL SERVICES

Community legal services that provide legal advice, representation, resources, and education.

COVENANT HOUSE

Covenant House is the largest agency in Canada serving youth who are homeless, trafficked or at risk. Covenant House is inclusive, intentional and impactful. Covenant House is one of the only youth shelters in the city that has a long-running 2SLGBTQIA+ youth group.

CULTURELINK SETTLEMENT AND COMMUNITY SERVICES

At CultureLink we inspire newcomers and their communities through innovative programming that promotes well-being, elevates skills and contributes and fosters community connections and belonging.





RESOURCE LIST

FRED VICTOR

Fred Victor is a social service charitable organization that fosters long-lasting and positive change in the lives of homeless and low-income people living across Toronto.

FRIENDS OF RUBY

Provides support to two-spirit, lesbian, gay, bisexual, transgender, queer, intersex, asexual and all gender non-conforming youth (aged 16-29) by providing free counselling, housing and social services.

GAY AND SOBER- ALCOHOLICS ANONYMOUS

Gay & Sober's mission is simple – to provide a safe, fun, and enriching experience to the sober LGBTQ community. Their primary purpose is to encourage unity and enhance one's sobriety.

GAY AND SOBER- CRYSTAL METH ANONYMOUS

Gay & Sober's mission is simple – to provide a safe, fun, and enriching experience to the sober LGBTQ community. Their primary purpose is to encourage unity and enhance one's sobriety.





RESOURCE LIST

GAY AND SOBER- NARCOTICS ANONYMOUS

Gay & Sober's mission is simple – to provide a safe, fun, and enriching experience to the sober LGBTQ community. Their primary purpose is to encourage unity and enhance one's sobriety.

HIV & AIDS LEGAL CLINIC ONTARIO

HALCO is a charitable not-for-profit community-based legal clinic that provides free legal services for people living with HIV/AIDS in Ontario, Canada.

HASSLE FREE CLINIC

Hassle Free Clinic is a community-based clinic providing medical and counselling services in all areas of sexual health. It is the largest anonymous HIV test site in Canada, and is one of the country's busiest sexually transmitted infection (STI) clinics. A fundamental principle of service delivery is a non-judgmental, supportive attitude to the treatment of sexual health concerns.

HOMES FIRST SOCIETY

Homes First serves all populations with a focus on people with long histories of homelessness, and with mental health and substance use challenges. The organization operates long-term supportive housing sites, emergency shelters and large-scale shelter programs located in hotels across the Greater Toronto Area.





RESOURCE LIST

HONG FOOK

Hong Fook provides a continuum of mental health services covering the spectrum from “promoting wellness” to “managing illness” in Cambodian, Chinese (Cantonese and Mandarin), Korean, Vietnamese and English.

HOPE + ME

Hope + Me provides free support and recovery programs to people with mood disorders. Their Peer Support comes from people with lived experience with the mental health system whether through treatment or diagnosis or relation to someone who is living with mood and mental health disorders.

HQ

At HQ you can access a range of holistic and culturally relevant health and wellness services under one roof by simply walking in, no appointments needed. HQ is affirming, sex-positive, shame-free, and bullying-free. They serve cis guys into guys and two-spirit, transgender and non-binary people looking for a safe place to manage their sexual, mental, physical and emotional health.

HQ - ADDICTIONS

Every Monday HQ holds smart recovery meetings at 6:30 pm 790 Bay st. SMART Recovery is the leading, evidence-informed approach to overcoming addictive behaviors and leading a balanced life. SMART is stigma-free and emphasizes self-empowerment.





RESOURCE LIST

HQ - LEGAL SUPPORT

HQ provides free access to legal advice and services to folks who need access. They have an immigration and refugee legal clinic as well as a trans ID clinic.

INNER CITY FAMILY HEALTH TEAM

Provides primary care to homeless and previously homeless individuals in Toronto. Their services include nursing, chiropody, physiotherapy, counselling, neuropsychology, and doctor/nurse practitioners.

MAGGIE'S TORONTO SEX WORKER ACTION PROJECT

Maggie's Toronto is one of the nation's oldest sex worker justice organizations offering wrap-around supports and services designed by and for sex worker communities across Toronto.

Founded on the belief that in order to improve circumstances, sex workers must control their own destinies.

MCC TORONTO HUMAN RIGHTS CENTRE

A queer hub for getting involved, staying engaged, and making change. MCC offers free LGBTQ+ therapy each week. They also offer yoga, clothing drives, peer support, and more. To access their services go to @mcchumanrights on Instagram.





RESOURCE LIST

PIECES TO PATHWAYS

Pieces to Pathways (P2P) is a peer-led initiative offering Canada's first substance use support program for LGBTQIA2S+ youth ages 16-29. All services are free and delivered by queer and trans staff with their own experiences of substance use and recovery.

QUEER JUSTICE PROJECT

Law has often been used as a tool of oppression. The Queer Justice Project aims to shift the balance and build capacity in the queer community. Resilience and strength is built through an intersectional, anti-colonial and anti-ableist approach to justice and legal education.

RAINBOW HEALTH ONTARIO

RHO's work includes building capacity for trans health care across Ontario through clinical and cultural competency training, mentoring and fostering networks, and resources and consultation. RHO is also a partner in Ontario's Trans Health Expansion (THEx), a partnership formed with Women's College Hospital and CAMH to improve access to transition-related surgeries (TRS) and post-surgical care.

SETTEMENT.ORG

If you are new to Ontario, you can find answers to common questions about your new home topics include: immigration & citizenship, housing, health, employment, education, legal services and daily life.





RESOURCE LIST

SHERBOURNE HEALTH

Sherbourne offers a wide range of primary healthcare programs and services to Two Spirit, lesbian, gay, bisexual, transgender and non-binary, and queer (2SLGBTQ) individuals. Their goal is to provide culturally competent, non-judgmental services to help clients feel better, cope better with day-to-day challenges and address specific 2SLGBTQ health issues.

SISTERING

Sistering is a multi-service agency for at-risk, socially isolated women and trans people in Toronto who are homeless or precariously housed. Their 24/7 Drop In supports women with low-barrier shelter; hot meals; crisis intervention and trauma-informed counselling; social and housing support; and mental health case support.

STEPSTONES

StepStones serves young people of all genders aged 10-25 transitioning out of the foster care system and who require urgent preventative and intervention support to avoid dropping out of school and are experiencing homelessness, mental health crises, isolation, and perpetual poverty.

WOMEN'S HEALTH IN WOMEN'S HANDS

Women's Health in Women's Hands (WHIWH CHC) Community Health Centre provides racialized women, trans and non-binary clients from the African, Black, Caribbean, Latin American and South Asian communities in Toronto and surrounding municipalities with culturally safe, relevant, and responsive primary healthcare.





RESOURCE LIST

YMCA SPROTT HOUSE

The YMCA Sprott House program prioritizes applicants who identify within the 2SLGBTQIA+ community. They further prioritize folks who both identify within the community and who are currently experiencing situations that compromise their safety. The YMCA Sprott House program is a one-year program with the possibility for extensions of up to two years (determined by need and case management goals).

YORK RAINBOW SUPPORT

Aimed at reducing barriers and building capacity to serve 2SLGBTQ+ communities. All staff are required to attend 2SLGBTQ+ sensitivity and awareness training. In addition, YRS has professional counsellors who are members of the 2SLGBTQ+ community. All their counsellors are experienced in 2SLGBTQ+ related issues.

YOUTHLINE

At YouthLine, HelpLine volunteers are trained peer supporters aged 16-29, coming from a diversity of 2SLGBTQ+ identities and lived experiences. YouthLine serves all of Ontario. Peers are trained in active listening and relevant knowledge such as anti-oppression, anti-racism, sex and consent, STIs, HIV, self-care, and more.

